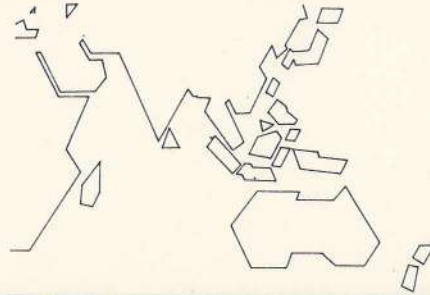


AMDA NEWSLETTER

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MANIPAL - A LEGEND IN PROGRESS

Till 1953, Manipal was unheard of and almost non-existing on the academic map. It was a barren hill then. This hillock, today, has got metamorphosed into one of the finest campuses in India for health education. Manipal-legend in education and medicare now. Centre of administration of thirtyseven educational institutions. A unique place for learning kindergarten to specialised education in Medicine, Dentistry, Pharmacy, Engineering, Managemnt and various other disciplines. It has also attracted students from all over the world. Thirty nationalities rub shoulders here. All these things were possible by the courage, vision and munificence of Late Dr. Tonse Madhav Ananth Pai, who made the dream a reality.

Kasturba Medical College & Hospital-A Dream Comes True:

The founding of Kasturba Medical College in 1953, and the Kasturba Hospital in 1961 heralded a new chapter in the development of Medical Education and health care services in India. This was the thirty-third medical college to be started in India, and the first under voluntary enterprise. The college admits about 240 students every year for medicine, 100 for dentistry and 200 for degree and diploma in Pharmacy.



Late Dr. T. M. A. Pai, The Founder

Apart from students of India, the college has students from other parts of Asian continents, Europe, America, Africa and Australia. In spite of varied geography, race and language among the inmates, this college is one of the places where one has perfectd amity among people.

The institution has adequate and quite competent staff to cater to the needs of students for their learning process. Apart from providing undergraduate programme, opportunities have been created to pursue specialization and super-specialization in most of the disciplines.

The college, in addition, has the Anatomy museum, which is considered to be one of the finest in South East Asia and it attracts visitors from far and near. The college library has a total floor area of 20,000 square feet and has a collection fo about 30,000 Medical, Ayurvedic, Yoga and other health related books, and more than 350 journals. It has also audio-visual facilities in it. Apart from these two there are museums of great importance in Pathology, Community Medicine and Forensic Medicine too.



A portion of the Kasturba Hospital in Manipal, Karnataka State of India

Kasturba Hospital - Facts & Figures: In order to provide clinical training to medical students the Kasturba Hospital was started in 1961 with a bed capacity of 150. Today it has grown and expanded into a 1,100 bedded most sophisticated modern hospital, with all the facilities of diagnosis and treatment. The School of Nursing is also attached to the hospital. Apart from this teaching hospital at Manipal, it also maintains seven rural maternity health centres, within a radius of 16 kms and weekly out-reach specialist centres at various places. A special feature of the medical facility made available to the rural population is the extension of the services by organizing medical, dental, eye, paediatric and school health camps. The hospital also provides free medicare facilities to the local health camps. A seperate free ward is also made available to the poor. The hospital has the

round the clock working emergency ward, trauma centre, blood bank, clinical laboratory and pharmacy. The hospital also undertakes major surgeries like open heart surgery and complicated brain surgeries.

The high-lights of Kasturba hospital is that, it has facilities to treat the patients by Modern medicine, Ayurveda (Indian traditional system of medicine), Yoga and Acupunture technique. The departments of Yoga and Ayurveda are started with an idea of conducting scientific research, using modern technology and parameters of assessment.

Department of Yoga: The department was started in June 1980. This is the first medical institution in the whole country to start a Yoga department to provide Yogic treatment to various psychosomatic and physical ailments with a research motivation. The role of Yoga in the treatment of psychosomatic ailments such as hypertension, asthma, insomnia and peptic ulcer are being investigated scientifically in collaboration with other clinical and para-clinical departments.

Department of Ayurveda: The Department came into existence in September 1982. The main aim of the department is to collaborate with other departments and conduct scientific research on Ayurvedic medicines. The department is now undertaking research on fistula-in-ano using Kshara Sootra. Routine ' Panchakarma ' treatments are conducted and plans to extend this facilities in a bigger scale in order to conduct training research are under consideration. Research in the field of rejuvenation, common urological problems, diabetes, heart diseases are in progress. It runs an O.P.D. on all working days. A Kshar Sootra theatre and Panchakarma research wing is also attached to the Department of Ayurveda. Plans are in progress to provide training in Ayurvedic principles and therapies in near future.

Life Time Health Monitoring Programme: The Kasturba hospital, over 27 years of the service to the community, has now evolved a unique " Life time health monitoring programme " for the first time in India - counselling, training and treatment on a planned basis through a continuing preventive maintenance programme to help people retain their youthful healths and vigour and make the most of their lives happy whatever be their age. The



participants of the programme are grouped into Group 1- Young middle age (25-39 years); Group 2- Older middle age (40-59 years); Group 3- elderly (60 years and above).

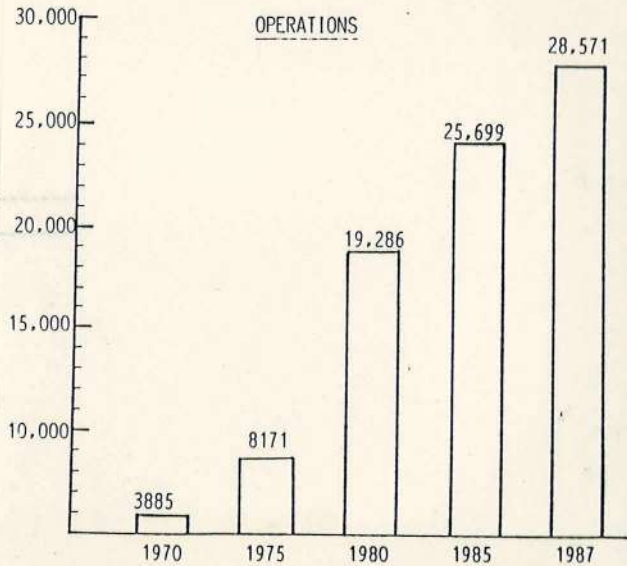
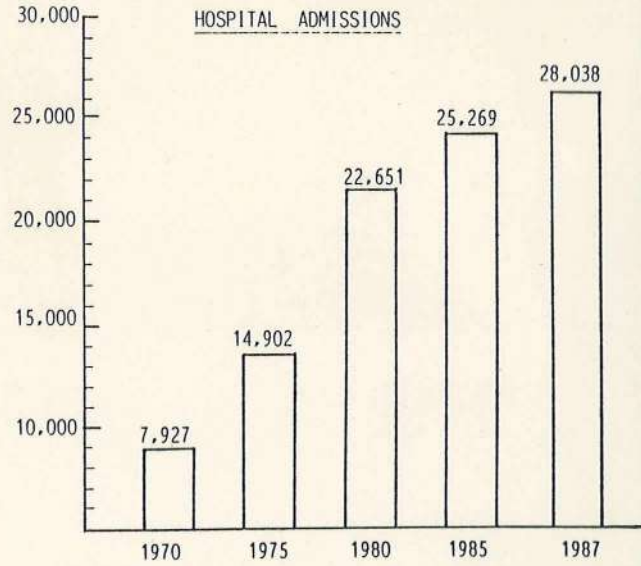
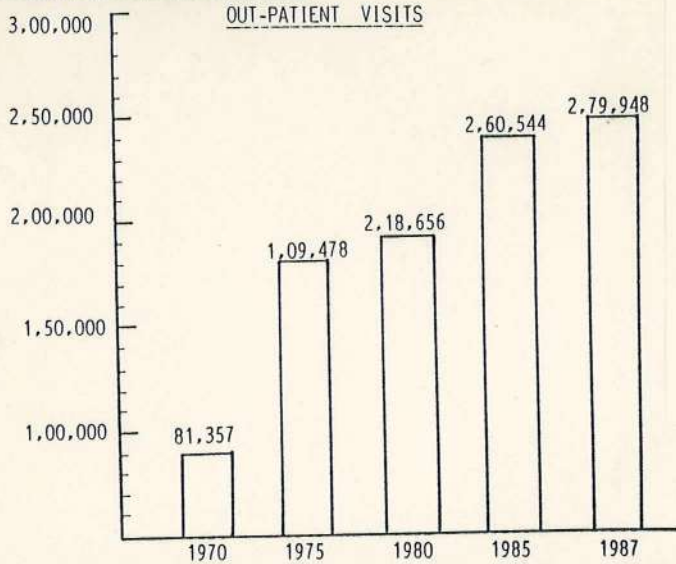
<<< (left to right) Mr.Ramesh U. Pai, Registrar of The Academy of General Education, Manipal; Dr. Osamu Kunii, AMDA Japan; Dr. M.S. Kamath, RC - AMDA India.

KASTURBA HOSPITAL

FACTS & FIGURES



DR. RAMDAS M. PAI,
Medical Director.



INPATIENT MORBIDITY & MORTALITY STATISTICS FOR 1987

DISCODE:NO	CASES	EXPRD	DISEASE CLASSIFICATION
001 - 139	1762	50	INFECTIOUS AND PARASITIC DISEASE
140 - 239	3292	148	NEOPLASMS
240 - 279	1076	44	ENDOCRINE, NUTRITIONAL & METABOLIC DISEASE & IMMUNITY DISORDERS
280 - 289	226	18	DISEASES OF THE BLOOD & BLOOD-FORMING ORGANS
290 - 319	808	0	MENTAL DISORDERS
320 - 389	2667	35	DISEASES OF THE NERVOUS SYSTEM & SENSE ORGANS
390 - 459	2293	205	DISEASES OF THE CIRCULATORY SYSTEM
460 - 529	1820	68	DISEASES OF THE RESPIRATORY SYSTEM
520 - 579	2020	64	DISEASES OF THE DIGESTIVE SYSTEM
580 - 629	2817	23	DISEASES OF THE GENITOURINARY SYSTEM
630 - 679	1816	8	COMPLICATIONS OF PREGNANCY, CHILD BIRTH & THE PUERPERIUM
680 - 709	367	6	DISEASES OF THE SKIN AND SUBCUTANEOUS TISSUE
710 - 739	1232	1	DISEASES OF THE MUSCULOSKELETAL SYSTEM & CONNECTIVE TISSUE
740 - 759	845	27	CONGENITAL ANOMALIES
760 - 779	382	79	CERTAIN CONDITIONS ORIGINATING IN THE PERINATAL PERIOD
780 - 799	574	4	SYMPTOMS, SIGNS AND ILL-DEFINED CONDITIONS
800 - 999	1811	145	INJURY AND POISONING
E01 - V99	1758	0	OTHER DISEASES
TOTAL	27566	955	

DAILY AVERAGES (1987)

ADMISSIONS	77
DISCHARGES	76
DEATHS	3
O.P. VISITS	918
BED OCCUPANCY	868
OPERATIONS	78
DELIVERIES	3