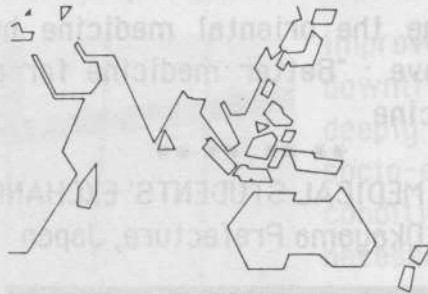


AMDA NEWSLETTER

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Message

Human beings have struggled through out the whole history, for their existence.

They do so because of the reality that human beings have a dynamic interdepending relationship to their environment.

The amazing unpredictable revolution in technology, information and the monopolization of money, has made the future of mankind more unsure, especially in the most basic pilars of the life itself.

There is also no doubt that medicine has done great changes concerning the health and the wealth of mankind, but on the other hand there are also mountains of complicated problems, that medicine stand lame upon it.

In the past, oriental medicine has proven her existence through out the life of people lived in the orient, with success. This kind of medicine that arose from the culture and the nature of the orient philosophy, optics the human beings in the idea and context of macro and microcosm.

That nowadays, oriental medicine has been driven out by the so called "rational medicine or western medicine", is due to the lack at the moment to prove it scientifically in the western taste of science.

The unsolved problems that appears in the western, also at this moment, has forced them to look and turn on to another kind and method of treatment, that more basically is simple and has a philosophical basis.

The fact that a lot of oriental medical principles being practised in the western world of medicine today, should stimulate us in the orient to re-explore our oriental medicine with the help of technology.

Our task is to encourage the oriental medicine by more integrated and organized efforts, to prove : "Better medicine for a better future", which could be done by our medicine.

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THAI-JAPANESE MEDICAL STUDENTS' EXCHANGE PROGRAMME in Okayama Prefecture, Japan



<<< Professor Masana Ogata (sitting), Head of the Department of Public Health, Okayama University Medical School with the visiting students from Faculty of Medicine Ramathibodi Hospital, Mahidol University, Bangkok, Thailand.

Standing from left to right are Miss. Nussra (3rd year medical student from Thailand), Mr.Sompot (4th year, Thailand), Mr. Hamanaka (Japanese medical student), Mr. Yamamoto (Japanese medical student & organizer), Mr. Manathep (5th year, Thailand) and Miss. Pattra (4th year, Thailand).

Four medical students from Mahidol University Faculty of Medicine visited Japan on an exchange programme arranged jointly by Asian Medical Students Association (AMSA), Japan Chapter and The Society for the Traditional Medicine in Asia, Okayama University Medical School.

The students went around Okayama University Medical School, Okayama Prefectural Division of Air Pollution Control, Kuraray Factory, Tuberculosis Institute, Leprosarium Institute Aisei en, Hayashibara Biochemical Laboratories, Hakuai Hospital and Section of Silver Community Programme in Suganami Hospital. They discussed and learnt various matters of interest pertaining to Japanese health care system in comparison with that of Thailand. The visit was scheduled for 10 days from 13th to 22nd March. Besides the academic study, they had an opportunity to experience Japanese culture and family life in the home stay programme. In the last two days they attended the AMSA, Japan meeting and facilitated exchange of views.

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PROJECT BINHI IN TONDO

The Tondo project of AMDA-Philippines is called Binhi, a word of Tagalog language for seedling, a start of a new comprehensive community health programme for some 6,256 residents of the community. This is a realization of the dreams of some medical students, before, who wished to



improve the quality of life of the downtrodden individuals. Since it is deeply involved with the socio-economic and political conditions of the community, it is necessary to solve the problems through a comprehensive community development plan cooperating with the government and the private agencies for the delivery of primary health care and hopefully build self reliance in health promotion.

The five general objectives of this work are: 1. constructing a health centre 2. conducting regular clinics 3. to educate health volunteers so that they may teach the community later 4. to motivate the people to organize projects for health care and for income generation such as livelihood projects 5. to sponsor youths to enter educational institutions.

Photo shows Dr. Carson Lo, a new member of AMDA-Philippines, lecturing to a group of health volunteers in the unfinished community health centre.

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EVENTS:

□□ Dr. Euan Murugasu, Regional Co-Ordinator of AMDA-Singapore, is preparing to visit Japan for a short term orientation course in Industrial Medicine in the month of May. He will study under Prof. Masana Ogata in the Department of Public Health, Okayama University Medical School. In addition to that he will acquire additional knowledge in Geriatrics.

This academic programme is one of the projects of AMDA, Japan, which is open to all the interested members of AMDA and Dr. Euan is the second medical graduate to make use of this post-graduate certificate course, Dr. Kenneth, Regional Co-Ordinator, AMDA-Philippines being the first.

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ASIAN MEDICAL STUDENTS' ASSOCIATION (AMSA), JAPAN

holds 6th general meeting

Some of the participants in the 6th general meeting of AMSA, Japan with the visiting Thai Medical Students. >>>>

Medical Students from Akita University, Fukuoka University, Hiroshima University, Jichi Medical School, Okayama University, Osaka University, Shiga Medical School, Wakayama Medical College and others are seen in the picture.



AMSA, with which AMDA has a close relation of supporting activities of each other, Japan Chapter of which, held its 6th annual conference on 21st and 22nd March at Okayama University Medical School which was attended by representatives of different medical colleges from all over Japan.

Activities that were carried out in 1986 were presented including the narration of the experiences of different field studies which were conducted in various Asian Countries by AMSA, Japan members. Speaking on the outcomes of these field studies, the leader students of participant groups helped exchange of views and opinions among the members. Reports of general field studies were also presented.

Special lectures were delivered by Miss. Narisava, member of 'Caring for Young Refugees' (CYR), Dr. Tanaka of 'Asia Community Trust' (ACT), Mr. Nagase, Ex-Serviceman, Prof. Kanemasa of Dept. of Bacteriology, Okayama Uni. Med. School and Dr. Krishna U.K., Research Scholar, Okayama Uni. Med. School. They spoke on Cambodian refugee problem, ACT & Development of education, Episode of Thai-Burma railway construction during world war-II, Japanese aided hospital project in Sudan and Ayurveda education system, respectively.

On the second day new executive committee was selected and Mr. Masahiro Tanaka, 5th grade student of Akita University Medical School was appointed as the President of AMSA, Japan for the year 1987. Further in the same session AMSA-Japan's constitution, budget, presentations to be made in 8th AMSC (Asian Medical Students' Conference), preparations for 10th AMSC to be held in Japan were discussed in detail. Later a symposium on traditional medicine was held.

Four medical students from Thailand were the special attendants.

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