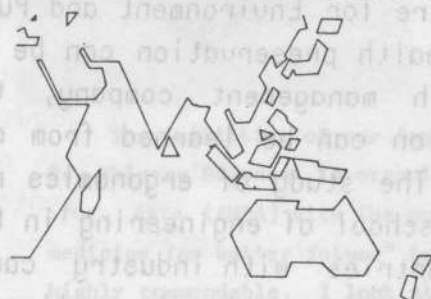


# AMDA NEWSLETTER

Association of Medical Doctors for Asia

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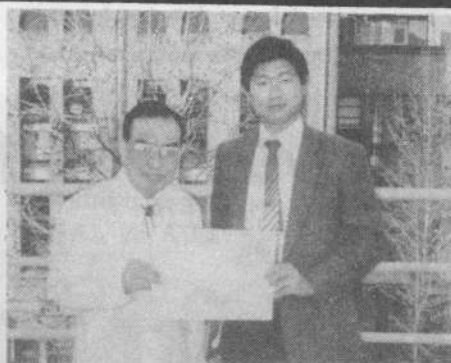
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## Dr. Kenneth's academic Program in Japan

Okayama City is one of the loveliest cities in Japan, where it boasts of possessing one of the three famous gardens in Japan. One of the oldest Universities of the nation stands proudly in the city of Okayama. It is this city that the nerve centre of AMDA is operating, it is also called the illecca of AMDA-AMSC. This winter a brave new project was launched in this city, and it was the certificate course in Occupational and Industrial Medicine which was attended by Dr. Kenneth Hartigan-Go of the Philippines. This course is of about one month and is authorized by the Okayama University Medical School under the tutorship of Professor Masana Ogata, a world renown scientist and Director of Public Health. It is the common fact to believe that industrial medicine will play an important role in the future of Asia, both by developed and the developing countries.

(contd.....)

To study in big cities and their Universities is not really necessary, because there are vast resources of scientific and medical information that can be obtained in the rural setting of Okayama Prefecture. In the small area of Okayama, it has a model and comprehensive system of Air-Water pollution control and monitoring system. Advanced Technology can be studied and seen in the Prefecture Research Centre for Environment and Public Health. Basic concepts of workers' health preservation can be learned right here from a famous health management company, the philosophy of environmental conservation can be learned from one of the biggest steel plants in Japan. The study of ergonomics may be done in the technical dept. of the school of engineering in Okayama University. Therefore developing countries with industry can learn wisdom from Okayama, and that methods of operation in small area in Japan may be applicable.

\* \* \* \*



Research Society for Ayurveda in Japan (RSAJ) held its 8th annual conference in Tokyo on 2nd & 3rd November. Dr. Shigeru Suganami (standing extreme left, last row) President of AMDA gave a lecture on the research of Ayurveda in Japan. Dr. Krishna talked on AMDA & Ayurveda (extreme left, standing first row). The meeting was attended by many eminent scholars. In the front row sitting are Prof. Ben Hotai, President RSAJ (4th from left), Prof. Hiroshi Maruyama, Pioneer to introduce Ayurveda in Japan (6th from left). Sitting next are seen Dr. Upali Pilapitiya (Sri Lanka), Prof. S.N. Tripathi (India), Prof. H.S. Sharma (India), Yaidya Hiroe Inamura, the first Japanese graduate of Ayurveda Medicine. To the extreme right standing in the 1st row is Dr. M.B. Kothia (India).

**Don't read what this Editor says:**

"An ounce of action is better than a pound of theory"

Dr. Kenneth, Regional co-ordinator(RC) of AMDA Philippines was with us in Japan for a month and lived an example of mutual co-operation. Let us hope to have many more such experiences within ourselves, the AMDA companions of all member countries; and at the end "A Happy New Year". '87 should become the year of greater achievements and progress for both AMDA and AMDA companions.

Write your advices and impressions to the Editor: dr.krishna uk  
b.s.a.m., m.d. (ayu)

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**Events:**

OO AMDA Philippine: An overnight excursion trip of AMDA members to Nagcarlan, Launa, a verry cool mountain resort 128 km. south of Manila, which also the X'mass party of AMDA Philippines.



The initiative of our Japanese colleagues headed by Dr. Shigeru Suganami to organize the ASSOCIATION OF MEDICAL DOCTORS for Asia (AMDA) with the purpose of promoting "better medicine for better future" is a noteworthy undertaking and highly commendable. I look at the formation of AMDA as supportive and complementary to the objectives of our Confederation of Medical Associations in Asia and Oceania (CMAAO).

The publication of the maiden issue of AMDA Newsletter is aimed to promote itself and to provide a medium of communication for intellectual exchanges. The energetic young doctors that compose this new organization deserve our support and encouragement in their quest for academic and professional excellence.

I am pleased to Congratulate the leaders and the members of AMDA for their spirit and decisiye efforts in promoting international peace and understanding. I wish you all continued success and prosperity.

PRIMITIVO D. CHUA, M.D., FPAPF  
Secretary-Treasurer  
Confederation of Medical Associations  
in Asia and Oceania

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OO Tondo Project: In Dec. Weekly health education lectures, clinic activities are held. A rummage sale is held of old cloths etc. for fund-raising for the community. There will be a mass wedding of couples living in Tondo to be officiated by a priest. These couples are said to be cohabiting without the benefit and blessings of an official ceremony. It is intended therefore to hold such an activity of mass wedding to uplift their social standing and acceptance into society.

Message  
of  
Dr. Primitivo D. Chua  
M.D. FPAPF  
Hon. adviser to  
AMDA Philippines

Message

From

The Chairman

Dr. Francisco "Pancho" Flores

M.D.



Greetings!

During the third conference of the Association of Medical Doctors for Asia (AMDA) in Hongkong from 6th to 8th August, the participants from Japan, Philippines, Singapore and the host nation agreed upon a set of by-laws and protocol which shall tentatively serve as a working guideline while awaiting the drafting and ratification of our constitution.

Furthermore, we prioritized three projects. First in line with the development of Asian medicine, Dr. Krishna is conducting an investigative study on Indian traditional medicine with the use of the advanced technology available at the Okayama University.

Second AMDA extends technical and financial aid to Project Binhi, a comprehensive community development program in the most depressed area in the Philippines. The Philippine Alliance of Medical Students initiated the project not only to promote health but also to uplift the socio-economic status of the community members.

For more information, please communicate with Dr. Kohei Toda, c/o 39-1 Ienoshita Hiroomote Akita Japan

Third, we can avail of two pages in the Medical Way, a monthly magazine read by doctors in Japan. We shall tap this opportunity not only to promote the objectives of AMDA but, more importantly, to maximize exchange of culture and medical information.

May we request you to send a write-up to Dr. Hiromi Iwagaki, 47-9 Fukudomari, Okayama-shi, 703 Japan.

Many more activities are in the offing: AMDA conferences, setting up of information bank, exchange program for speciality training, field studies, medical missions, etc. Certainly there are many more problems in Asia awaiting our solutions.

We have taken the first step. Yonder, still, is a thousand mile. May we be one in the attainment of our objectives: to promote mutual understanding and co-operation, to be responsive to the felt needs of our Asian brothers, to support the activities of the Asian Medical Students Association, and to co-ordinate with other agencies.

Friends, Let us join hands, minds, and spirits to promote "Better Medicine for a Better Future"! Hope to hear from you soon,

*Pancho Flores*  
Francisco "Pancho" Flores, MD AMDA